

## Hot Entrée Selections

	Half Tray	Full Tray
<b>Seafood Stuffed Mushrooms</b>	\$55	\$100
<b>East Wind's Baked Clams</b>	\$50	\$95
<b>Buffalo Style Hot Wings</b>	\$55	\$100
<b>Chicken Picatta</b>	\$55	\$100
<i>Sautéed with a Lemon Caper Sauce</i>		
<b>Chicken Valdostano</b>	\$55	\$100
<i>Prosciutto, Artichoke Hearts, and Diced Tomatoes in a light brown Mushroom Sauce</i>		
<b>Chicken Francaise</b>	\$55	\$100
<i>with a Lemon Parsley Sauce</i>		
<b>Chicken Papu</b>	\$65	\$120
<i>Stuffed with Prosciutto, Spinach and Ricotta</i>		
<b>Chicken Parmigiana</b>	\$55	\$100
<b>Veal Sorrentino</b>	\$75	\$130
<i>Prosciutto, Eggplant, and Fontina Cheese served in a light Mushroom Plum Tomato Sauce</i>		
<b>Veal Parmigiana or Veal Marsala</b>	\$75	\$130
<b>Sliced Sirloin Tips</b>	\$75	\$130
<i>served with roasted Mushrooms and Tomatoes</i>		
<b>Italian Sausage and Peppers</b>	\$55	\$100
<b>Stuffed Flounder or Shrimp</b>	\$85	\$155
<b>Grilled Salmon</b>	\$85	\$155
<i>topped with a Fresh Citrus Sauce</i>		
<b>Italian or Swedish Meatballs</b>	\$50	\$95
<b>Eggplant Rollatini or Parmigiana</b>	\$50	\$95
<b>Paella</b>	\$85	\$155
<i>Sausage, Chicken, Shrimp, Clams, Mussels, Calamari and Scallops</i>		
<b>White Sea Bass</b>	\$75	\$140
<i>Topped with Lemon, Capers, and Tomatoes</i>		
<b>Prince Edward Island Mussels</b>	\$50	\$95
<i>Bianco or Marinara</i>		
<b>Shrimp Scampi</b>	\$90	\$170
<b>Baby Back Ribs</b>	\$75	\$130
<b>Steamed Mixed Vegetables</b>	\$35	\$55
<b>Eggplant Ratatouille</b>	\$35	\$55
<b>Mixed Green Beans</b>	\$30	\$50
<i>sautéed with Garlic and Oil</i>		
<b>Broccoli Rabe with Garlic and Oil</b>	\$50	\$90
<b>Red Roasted Potatoes or Old Fashioned White Mashed Potatoes</b>	\$30	\$55
<b>Rice Pilaf</b>	\$30	\$55

## Party Packages

### Package A

\$22.95 per person

#### Appetizer (select one)

Assorted Cheese Platter

Cold Antipasto

Vegetable Crudité

#### Salad (select one)

Caesar Salad

Garden Salad

#### Pasta (select one)

Penne a la Vodka

Rigatoni Filetto-Pomodoro

Linguini Carbonara

#### Entrees (select two)

Chicken Francaise

Chicken Papu

Sliced Loin of Pork

Chicken Voldostano

Sliced Sirloin

Eggplant Rollatini

Served with Seasonal Vegetables and Starch Apropos

Freshly Baked Dinner rolls and Whipped Butter

### Package B

\$28.95 per person

#### Appetizer (select two)

Assorted Cheese Platter

Cold Antipasto

Grilled Vegetable Platter

Vegetable Crudité

Fresh Fruit Platter

#### Salad (select two)

Fresh Mozzarella & Tomato Salad

Geminelli Pasta & Broccoli Rabe

Garden Salad

Caesar Salad

Red Potato Salad

#### Pasta (select one)

Penne a la Vodka

Stuffed Shells

Tortellini Carbonara

Rigatoni Bolognese

#### Entrees (select two)

Chicken Francaise

Chicken Papu

Veal Sorrentino

Stuffed Flounder

Chicken Voldostano

Grilled Salmon

Eggplant Rollatini

Shrimp Scampi

Served with Seasonal Vegetables and Starch Apropos

Freshly Baked Dinner rolls and Whipped Butter

Party packages require a minimum of 30 people



Located inside the beautiful  
Inn & Spa at East Wind  
5720 Route 25A  
Wading River, NY 11792

[www.EastWindLongIsland.com](http://www.EastWindLongIsland.com)

# Catering

# Menu

To Place Order  
Please Call:  
Desmond's Restaurant  
(631) 846-2335

## Specialty Breads and Rolls

**Rosemary and Olive Focaccia**  
**Plum Tomato and Pesto Focaccia**  
 Half Sheet \$30      Full Sheet \$55

**Fresh baked Stromboli with Italian meats and cheeses** (feeds 15 people) \$50  
**Assorted dinner rolls** \$6.00 per dozen

## Specialty Salads

	Half Tray	Full Tray
<b>Mixed Baby Field Greens</b> <i>With Balsamic Vinaigrette, Creamy Pesto, or Honey Dijon &amp; Fresh Dill Dressings</i>	\$30	\$55
<b>Classic Caesar Salad</b>	\$30	\$55
<b>Tuscan Potato Salad</b>	\$30	\$50
<b>Geminelli Pasta Salad</b> <i>with Broccoli Rabe, Roasted Fennel and Sundried Tomatoes</i>	\$45	\$85
<b>Grilled Seasonal Vegetables</b> <i>White Balsamic Vinaigrette and Fresh Basil</i>	\$40	\$70
<b>Vine Ripe Tomatoes and Fresh Mozzarella with Balsamic Vinaigrette</b>	\$60	\$90
<b>Assorted Cheese Platter</b>	\$50	\$90
<b>Fresh Vegetable Crudit�</b>	\$50	\$80
<b>Fresh Fruit Platter</b>	\$50	\$90
<b>Tuscan Antipasto</b> <i>Salami, Prosciutto, Italian Cheeses, Cured Olives, Marinated Vegetables, and Rustic Italian Bread</i>	\$55	\$100
<b>Bruschetta</b> <i>Fresh cold diced Plum Tomatoes and Fresh Basil with Crostini Bread</i>	NA	\$65
<b>Sliced Salmon and Dark Breads</b> <i>Served with Bilinies Sliced Tomatoes, Cucumbers, Red Onions, and a Sweet Dijon Dressing</i>	\$60	\$110

## Heroes

Available in 3 to 6 foot sizes priced at \$15 per foot

### American

Roast Beef, Ham, Turkey Breast, American Cheese, and Imported Swiss Cheese with Tomato, Lettuce, and Red Onion accompanied by Mayonnaise on the side

### Italian

Genoa Salami, Cappy Ham, Pepperoni, and Provolone Cheese with Tomato, Lettuce and Red Onion accompanied by oil and Vinegar on the side

## Chilled Seafood Platters

*All Platters are beautifully arranged and accompanied with Lemons, Cocktail Sauce, and Creole Remoulade*

### Colossal Chilled Gulf Shrimp Platter

\$84 small      \$170 large

### East Wind's Seafood Salad

*Fresh Shrimp, Calamari, Mussels and Scallops*  
 \$75 small      \$140 large

### Chilled Fresh Maine Lobsters

#### Market Price

Special Holiday items are also available  
 Prices are current at time of printing. Due to changes in the market, prices are subject to change. If you don't see an item you would like, please ask us. We would be happy to accommodate you.

Before placing your order, please inform your server if a person in your party has a food allergy.

\*Consuming Raw or Under Cooked Meats, Fish, Shellfish or Fresh Shelled Eggs May Increase Your Risk of Food-Borne Illness Especially if you have Certain Medical Conditions.

## Pasta Selections

**Rigatoni with Broccoli Rabe and Sausage**  
**Penne with Meatballs**  
**Tri Color Tortellini Carbonara**  
**Stuffed Shells**  
 Half Tray - \$50      Full Tray - \$95

**Select one of our imported pastas with your choice of sauce**

Half Tray - \$50      Full Tray - \$95

Orecchiette	Vodka Sauce
Penne	Clam Sauce (red or white)
Rigatoni	Bolognese
Linguini	Filetto-Pomodoro Sauce
Farfalle	Pesto Sauce
Fettuccini	Alfredo Sauce
	Carbonara Sauce

## Fresh Cooked Roasts

**Cranberry Glazed Turkey Breast**      \$85  
*(Feeds up to 10 people)*

**BBQ Brisket Of Beef**      \$150  
*(Feeds up to 15 people)*

**Marinated Glazed Corned Beef**      \$150  
*(Feeds up to 15 people)*

**Loin of Pork**      \$105  
*Stuffed with Sausage, Prosciutto, Spinach, and Ricotta Cheese (Feeds up to 10 people)*

**\*Roasted N.Y. Sirloin**      \$175  
*Lightly seasoned and cooked to your liking (Feeds up to 20 people)*